



THE CHINESE UNIVERSITY OF HONG KONG  
SCHOOL OF LIFE SCIENCES

**LIFE SCIENCES SEMINAR SERIES  
2017 – 2018**

Risks and benefits to health and wellbeing from Hong Kong waters: Preliminary results of collaborative research between the Chinese University of Hong Kong and the University of Exeter

*by*

Professor Mathew White  
Senior Lecturer in Psychology Applied to Health & the Environment  
European Centre for Environment & Human Health  
University of Exeter Medical School

*on*

14 November 2017  
(Tuesday)

*at*

4:30pm

*at*

Room 103, Y.C. Liang Hall  
The Chinese University of Hong Kong

***ALL ARE WELCOME***

---

*Mat is a Senior Lecturer in Environmental Psychology at the University of Exeter whose research focuses on understanding, measuring and valuing the risks and benefits of recreational exposure to natural environments to human health and well-being. Since 2011 he has co-ordinated the UK's 'Blue Gym' project exploring the potential health and well-being benefits of aquatic environments. Currently he is Work Package or Project lead on three large programmes exploring these issues internationally 'BlueHealth' (H2020, €6million), 'Blue Communities' (Asia-Pacific Partnership, GCRF, £5.7million) and 'SOPHIE' (Seas Oceans & Public Health In Europe, H2020, €2million).*